

Living the Gospel: Contemplation and Action

A 2018-2019 Adult Faith Formation Series

A joint venture of St. Camillus, Resurrection, and St. John the Baptist Catholic churches



This series of retreats, workshops and discussions brings the Gospel to bear on our daily lives. Using the teachings of Jesus, we will personally and collectively ground ourselves in God, becoming more open to the ways God's love can transform us. Participants will learn how living the contemplative dimension of the Gospel can help us more deeply experience God's love. 2019 topics will include Pope Francis' teachings on nonviolence, politics beyond party affiliation, and our parishes' options for responding to local communities' needs.

*What we plant in the soil of contemplation, we shall reap in the harvest of action.
– Meister Eckhart*

September 8 ❖ Forgiveness

9:30am – 4:30pm, Amadeo room, Resurrection Parish

- ❖ Learn ways to practice forgiveness in our workplaces, homes, and in social, political and church circles to satisfy our longing for the mercy of God and desire to be more forgiving. This all-day session will include experiential exercises, talks, group discussion, prayer, and will address the church's sex abuse scandal.

October 3 ❖ Peaceful Parenting / Peaceful Kids

7:30pm – 9:00pm, Gym, St. John the Baptist

- ❖ Interactive workshop led by Little Friends for Peace (lffp.org) to help anyone interacting with children. Teachers, parents, grandparents, community workers, and interested others will learn how to "create homes, classrooms, teams, and workplaces where everyone gives, everyone gains, and everyone wins."

November 3 ❖ Healing the Effects of Substance Use Disorders

9:00am – 1:00pm, Knight's Hall, St. Camillus

- ❖ Substance abuse disorders create pain in the lives of all who are affected. The current opioid crisis has raised questions about the far-reaching consequences of these disorders. This session uses Jesus' teaching to address medical, psychological, and spiritual ways to heal pain and to act with compassion.

December 29 ❖ The Joy of God is Yours

9:30am – 4:30pm, school library, St. John the Baptist

- ❖ Learn to more deeply experience the Joy of God in the midst of the hustle and bustle of daily life as a New Year approaches. This retreat includes teachings, spiritual practice, and interactive exercises. Let go of common ego attachments to surrender to God beyond the thinking mind through contemplation.

Registration is encouraged; to register for any session or for more information, email L.J. Milone at lj.milone@stbcatholicchurch.com. Please type in the subject line *Living the Gospel*.

Parish staff and parishioners will lead sessions, except where noted.
Please bring a bag lunch for the September and December sessions.

St. John the Baptist, 12319 New Hampshire Ave, Silver Spring, MD 20904
Church of the Resurrection, 3315 Greencastle Rd, Burtonsville, MD 20866
Saint Camillus Church, 1600 St Camillus Drive, Silver Spring, MD 20903